

tessa mitchell

Height 180cm Bust 97cm Waist 75cm Hips 99cm Shoe 40 EU/6.5 UK
Hair Auburn Eyes Hazel Age 53

Voiceovers, Accents, Mask (Neutral, Character and Half Mask),
Bouffon and Clowning, Movement Methods, Tadashi Susuki Method,
Alexander Technique, Laban, Acrobatics, Improvisation
Completed Masters in Spatial Design at AUT (2010)

AWARDS

2015 - The Fringe Award - Most Innovative for 'I Wanna Be Nah Na
Nah Na'

FILM

2019 - Come - ch: Anna - dir: Andrew McEwan - Come Film Limited
2012 - Oracle Drive - ch: Lake Goddess (physical performer) dir:
Gabriel White – prod: Amelia Harris
2008 - Rubbings from a Live Man (Warwick Broadhead
Documentary) - ch: The Dresser - dir: Florian Habicht
2007 - Hear No Evil - Lead - dir: Peter O'Donoghue
2004 - Perfect Creature - ch: Basement Woman - dir: Glenn
Standring - Perfect Creature NZ Ltd
2004 – World's Fastest Indian - ch: Sarah – World's Fastest Indian
Productions NZ Ltd
2001 - Trespass - ch: Waterwoman - lead - Chocolate Fish Pictures
Ltd - dir: Belinda Schmid

TELEVISION

2011 - WannaBen - ch: Lawyer - Yoink Productions – Mediaworks
2008 - Life's A Riot - ch:- Neighbour - dir:- Ian Mune - Riot
Productions Ltd
2003 - Shortland Street - ch: Lynette Jackson - South Pacific
Pictures
1995 - Genie from Downunder - ch: Country Teacher – ABC
1994 - Halifax FP - ch: Daisy-Forensic Assistant - Channel 9

SHORT FILM

2018 - Garden of Eden - ch: Mary - dir: Lucy Goldsbro
2018 - Like an Octopus by its Own Ink Erased - ch: Patricia - dir:
France Herve - FHK Productions



2016 - Sparrow - ch: Matron dir: Welby Ings prod: Robin Murphy Productions
2014 - Return - ch: Lydia - dir: Ryan Heron - Heronium Productions
2014 - Whistle Blower - ch: Lydia - dir: Nicole van Heerden - Auckland University
2012 - Broken Promises - ch: Tania - dir: Nick Hitchins - Creation Films
2010 - Super Man - ch: Sarah/Therapist - dir: Peter O'Donoghue
2009 - The Sky Is Falling - ch: Trisha (Lead) - dir: Prue Cunningham
2004 - Mrs Mafua's Hat - ch: Nurse Maureen (lead) - dir: Rachel Walker
1996 - Fast Women Slow Wolves - ch: Masha - dir: Francisca Bosse
1995 – Shipshape - ch: Cook - dir: Stephen Dixon
1994 - Lost and Vicious - ch: Bride - Won AFI Best Short - dir: Tony D'Aquino
1990 - An Ideal for Living - ch: Catherine - Lead - Swinburne Film School - Melbourne - dir: Michael Goddard

THEATRE

2018 - Girl You Want - Lead, Written & Performed - dir: Chris Jannides & Prue Cunningham - Bats Theatre for NZ Fringe Festival
2017 - Girl You Want - Lead, Written & Performed - dir: Chris Jannides - La Mamma Theatre, Melbourne
2016 - Girl You Want - Lead, Written & Performed - dir: Chris Jannides & Prue Cunningham - Basement Theatre
2015 - ATC 'The Next Stage' Development Workshop – 2 Day Performance of 'Under The Mountain' dir: Sara Brodie, adapted by Pip Hall. ch: Aunty Noeline & Ensemble

TRAINING

2018 - New Physical Theatre Creation & Dramaturge in Physical Theatre & Dance Works - Kenneth Spiteri
2012 - 1 Day Massive Theatre Workshop – Tutor: Sam Scott
2012 - Red Leap Theatre Company - 5 Day Workshop Devising a New Work
2011 - American Accent Course – Tutor: John Dybvig
1993 - Tadashi Suzuki Method - tutor: Tadashi Suzuki - week long intensive course - Melbourne
1993 - Acting with Stephen Berkoff - 3 days course - Melbourne
1991-1993 - Degree in Acting - Victorian College of the Arts (V.C.A) - Melbourne
1990 - Commedia Dell'arte - tutor: Phillipe Gaulier - 2 week intensive course

LIVE PERFORMANCE

2015 - I Wanna Be Nah Na Nah Na - ch: Storyteller - Walking Performance Around Ponsonby Road - dir: Stephen Bain - Fringe Festival - Funded by CNZ and Arts Alive

2013 - I Wanna Be...Ponsonby - Co-Devised/Wrote & Performed - ch: Jude - dir: Stephen Bain - Workshopping & Presenting a Work-In Progress - Received Funding from Creative Communities & will be Further Developed in 2014

2011 - Opening of Q Theatre - Performed Live Installation - dir: Mike Mizrahi & Marie Adams

2010 - Past Christmas Present - Street Performance as part of Random Acts of Christmas

2009 - The One Show - Heritage Festival - dir: Sean Curham

TEACHING

2011 – PASNZ – Teaching Adult Actors Improv & Movement

2011 – PASNZ – Teaching Children’s Drama Classes

TVC

2017 - BNZ Campaign - ch: Sarah The Farmer - Colenso BBDO/The Sweet Shop - 12 Month NZ Release

2015 - NZTA Alcohol Lower Limits 'Cringe' - ch: Hero Host - Clemenger BBDO/Robbers Dog - 12 Month NZ Release

2015 - Qualcomm 'Why, When One' - ch: Mother of Sick Kid - Exit Films NZ

2013 - Igloo - ch: Kathy - Brand Spanking/Goodlife Films - 12 Month NZ Release

2010 - Women's Refuge Appeal Week 'Eggshell' - ch: Mum - Flying Start Pictures/Saatchi & Saatchi WGTN - 3 Week Release

2008 - Turners Auctions 'Sellers' - ch: Hero Woman - Zephyr/Capital Films

2008 - Heineken 'Beer Tender' - ch: Dog Owner - US/Canada/Mexico Release

2008 - Department of Labour - Take Care - ch: Mother - Ogilvy NZ

2008 - Halifax UK 'Helping Hands - 3 Tier Walkway' - Featured - Delaney Lund Knox Warren & Partners London/Automatic Films - 12 Months UK Release

2006 - Telecom NZ 'DIY' - ch: Wife - Saatchi & Saatchi/Film Construction

2006 - Mastercard 'World All Blacks' - Featured - McCann Erickson Sydney

MUSIC VIDEO

2018 - Band 'Yukon Era' - Lead - dir: Dylan Pharazyn - The Sweet Shop